Meeting A Police Officer
What is a police officer?

A police officer is an important person in my community. Their job is to keep my community safe.

I feel happy when I am safe.
How to meet a police officer

When I meet a police officer, I will use nice manners.

I can smile.  
I can wave.  
I can say "Hello."

Police officers are my friend.
How to meet a police officer

I walk up to a police officer with walking feet.

I feel safe when I meet a police officer.
How to meet a police officer

I walk up to a police officer with calm and quiet hands.

Police feel safe and happy when I have calm, quiet hands.

I feel safe when I meet a police officer.
Listening to police

It is important to listen to police officers when they talk to me.

I will listen with a calm body and quiet voice when police are talking.

I feel safe when I listen to police officers.
Talking to police

Sometimes police officers ask questions.

If a police officer asks a question, I will answer with a calm voice.

Police officers can understand my words when I use a calm voice.

I feel safe when I am understood.
Everyone follows a police officer’s directions

Police officers help everyone follow directions.
If an officer tells me to do something, I will remember to follow directions.

Following a police officer’s directions makes everyone happy.
I am safe when I follow a police officer’s directions.
If I cannot use my words, I can...

If I cannot use words, I will remember police are my friend and stay calm.

If I cannot use words, I can use sign language with my hands. The sign in the photos means "Help."

How to make the sign for help: Place an open hand in front of your body. Form a fist with the other hand with the thumb up. Place your first with the thumb up on your palm and lift both together.
Emergency Situation

In an emergency, police will come help people stay safe.

They will drive police cars with flashing lights and loud sirens.

If I feel scared in an emergency, I will remember that police are my friend and will keep me safe.

I will follow a police officer’s directions and know, I will be ok.

I am safe when I listen to police.
I will see police officers in my school and in my community.

When I see police officers, I will remember they are here to keep me safe.

If I have my awareness card, I can tell an officer, “I have an awareness card.” My awareness card lets an officer know how to help me stay calm and safe.

Everyone is happy when I am safe.
My name is ______________________________
I have:   _________________________________
I live at:  _________________________________
_________________________________
Emergency Contacts:
Name:______________________ Phone #:___________________
Name: ______________________Phone #: ___________________
Name: _________________________Phone #: __________________

How to HELP me in an emergency

☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
☐ _________________________________________
Police officers, SRO's, and security guards are my friend. Their job is to keep me and everyone safe.

I will use quiet hands and walking feet around police officers.

When an officer tells me to do something: First follow directions, Then ask questions.

If I cannot use my words, I can use my ears to listen and my sign language to say “Help.”

In an emergency, officers will come help me stay safe.

Running from an officer is never ok.

If I have an awareness card, I can tell an officer “I have an awareness card” and let them get it for me. This will help them keep me calm and safe.