

# The Red Barn

## Participation Criteria



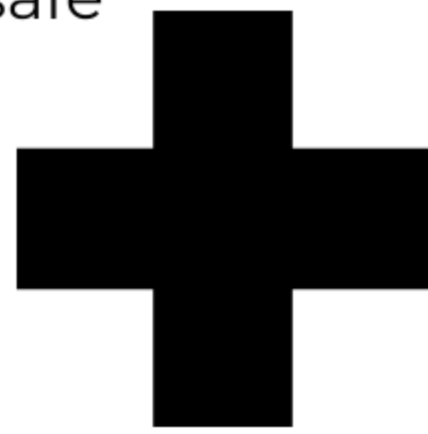
**Able to benefit from the activity:** Severe anxiety, aversion to the outdoors, or intolerance of heat or cold may limit participation.

### Safety

Seizures - If seizures are severe or frequent, it may not be safe to be around the horses

Behavior must not pose safety threat to others

PATH Precautions and Contraindications - PATH recommendations will be reviewed to identify specific situations that could make riding unsafe.



**Student must be potty trained,** or a parent must be available for toileting needs

**Age:** Each of our programs has different age requirements.

Riding: At least 4 years old

Occupational Therapy: at least 2 years old

Camps & Classes: Variety of ages advertised for each class



### Consistency

We have a large waiting list, so we ask that participants be able to take advantage of their scheduled time.



### Balance

For Riding - students must be able to maintain a steady center of balance on a moving surface with minimal assistance (rider providing at least 75% of the balance)

For Occupational Therapy - Clients must be able to maintain a steady center of balance on a static surface with moderate assistance.

### Able to work in a small group:

For safety of students and staff, we always have at least two people with the student



### Weight

Each horse has a calculated limit to the amount of weight they can safely carry ranging from 130lbs to 170lbs.

A rider towards the top of this weight range must be a completely balanced rider.



### Hair Styles

To ensure a safe helmet fit, please avoid beads, high ponytails, and bows. Low ponytails and close-fitted braids are acceptable.

